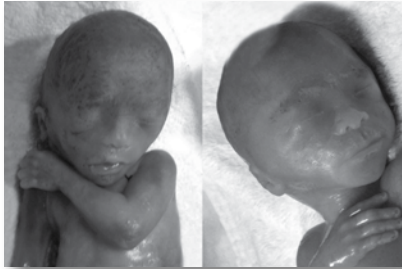


To my beloved twins,  
**Elvis Low Kay Cheng 刘家证**  
**Louis Low Kay Seng 刘家诚**



I believe you are with your eldest brother,  
Dominic, now.

I believe, like your brother, both of you will send  
us a baby brother or sister soon.

I believe all three of you are living together in joy  
and happiness though you may fight  
for toys or quarrel occasionally.

At the end of the day, all of you are  
our beloved sons.

**~ Love from Daddy & Mummy ~**

## ART OF LIFE SERIES

Felicia Tan is an ordinary girl with a simple dream – to be able to raise a family and spend time with her children. After getting married in 2004, she started her own business and planned her life towards having a family of her own in time to come. However, things didn't go as planned. It was not as if you could push a button and pop a baby. After encountering two miscarriages, she came to realise that she could plan to the best of her ability but whatever happens lies in God's hands.

Her story is both sad and depressing, and some may even say hopeless, but everyone has a choice; a choice to stay positive and be happy or dwell in self-pity and be sad.

To have conceived and then twice miscarried, and to embrace the outcomes and try again is to make a choice. Felicia is an optimistic person who believes that the best is yet to come and she is preparing herself to be ready for it. Are you prepared to embrace your life choices?

Undeterred by the loss of her first baby and with the support of her husband and family, the author gathered her courage and underwent a repeated round of In-Vitro Fertilisation (IVF) and found herself pregnant once again, this time, with twins. Unfortunately, her happiness was short-lived. Faced with the imminent threat of Cervical Incompetence (CI), she opted to undergo a Cervical Cerclage to increase her odds of carrying her babies to term. Tragedy soon struck and she found herself stricken with grief once more.

*Lost And Found* is the personal story of one woman's arduous journey to parenthood, her anguish at the heart-wrenching loss of her babies, and how she eventually found faith, peace and hope. The book includes experts' contributions in the areas of chiropractic in pregnancy, coping with grief, and pre/post-pregnancy exercises, as well as real-life tales of other mothers who had been in a similar predicament.

*Lost And Found* is a comforting companion for women who are trying for a baby and mothers whose dream has been shattered and wondering how to find hope again...

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“This book talks about the journey of the author who yearns to be a mother, her desperate desires, her strength to cope with her loss and her faith that sees her through. Inspiring read for mothers.”

*Michelle Sim, Programme Executive*



Candid Creation Publishing



Felicia Tan *Lost And Found: A Mother's Memoir On Finding Faith Through Loss*



*I praise you because I am fearfully and wonderfully made;  
your works are wonderful, I know that full well.*  
Psalm 139:14 (NIV)

# Lost And Found

A Mother's  
Memoir On  
Finding Faith  
Through Loss



FELICIA TAN

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